



LOCUST VALLEY LIBRARY

NEWSLETTER

JANUARY FEBRUARY 2026

REGISTRATION REQUIRED UNLESS OTHERWISE NOTED



North Shore Programming Consortium It's our favorite collaboration.



Six local libraries—Bayville, Glen Cove, Gold Coast, Locust Valley, Oyster Bay, and Sea Cliff—have teamed up to bring you a wide range of adult programs you can enjoy from home. It's perfect for staying cozy, learning something new, and feeling connected to our neighboring communities without braving the cold.

Take a look at what we have to offer:

Going to Extremes: Extreme Travel Adventures: On Zoom

Tuesday, January 6 at 7 PM

Experience Peter Mandel's wildest adventures—from an Ecuadorian coup and a penguin "city" at the South Pole to piranha fishing, blimp floating, Arctic icebreaking, bush camping, and kayaking to the Statue of Liberty.

Functional Heart Health: On Zoom Supporting Your Heart Beyond the Basics

Tuesday, February 3 at 7 PM

Explore how lifestyle, nutrition, stress management, and targeted support work together to keep your heart strong. We'll go beyond the numbers to look at the whole picture—giving you practical strategies to protect and enhance your cardiovascular well-being every day.

Like our new look? It's the perfect time to spotlight what our Locust Valley community has been asking for. Explore programs that help us feel good, stay healthy, and connect— from healthy cooking demos and lifestyle talks, to nature series and feel-good moments for heart and mind.

SPECIAL EVENTS

- ☑ **Clutter Fix:**
Help I Can't Find My Floor!
Tuesday, January 20 at 1 PM
Debra Viniar founder of Clutter Fix, Inc. will discuss decluttering and organizing, offer financial, aesthetic, and safety benefits—making spaces easier to clean, reducing duplicate purchases, and preventing household hazards.
- ☑ **History of Black Guitarists: From Elizabeth Cotten to Prince**
Thursday, February 12 at 6 PM
Let us explore the history of Black American guitarists throughout history and across many genres (Blues, Gospel, Jazz, Rock and RnB), who inspired appreciation for amazing music.
This presentation is presented by: Tyler Erickson of the [G22 Empower Project](#)

Sneak Peek! Check out a new project we've been working on.

We're digitizing hundreds of sports films from reel-to-reel to VHS—donated by the Locust Valley High School Athletic Department. Soon, you'll be able to browse these historic treasures online. You might even spot a family member... or yourself!

Find your sports team from 1970–2005. Check our website for details and links.

The collection is growing—currently featuring football.

Adult Programs

Exercise & Movement

Katonah Yoga with Morgan Rose

Mondays at 9:30 AM
Tuesdays at 5:30 PM
Thursdays at 9:30 AM
10 sessions for \$50.

Dancercise with Carol Rodriguez

Saturdays at 9:30 AM
10 sessions for \$50.

Tai Chi Fitness with Marvin German

Mondays at 5:30 PM
10 sessions for \$50.

Beat to Your Own Drum

Thursdays at 4:30 PM
8 sessions for \$40.
Cash or make checks payable to:
Locust Valley Library

Social & Interactive

Locust Valley Senior Club

Tuesdays from 10 AM - 1:30 PM
January 13, 27 - February 10, 24

Valley Knitters & Crocheters

Fridays from 1 - 3 PM

Culinary

Food is Mood:

From Plate to State

Friday, January 16 at 1 PM

Learn how simple food choices can boost energy, brighten mood, and keep your mind sharp and vibrant. Presented by Amy Elias, MS, Lifestyle Expert.

Healthy Hearty Vegan Chili

Wednesday, February 11 at 2 PM

Prepared by Chef Robert Dell'Amore. A \$10 ingredients fee is required to participate, no refunds.

Film & Entertainment

Matinee Thursdays at 1 PM

January 15 - Crazy, Stupid, Love
1 hour, 58 minutes - Rated PG-13

January 29 - Breach

1 hour, 50 minutes - Rated PG-13

February 12 - When Harry Met Sally

1 hour, 50 minutes - Rated R

February 26 - Draft Day

1 hour, 50 minutes - Rated PG-13

Co-sponsored by the Friends of the Library.

Health & Wellness

Medicare Made Clear

Wednesday, January 7 at 2 PM

This seminar is for those new to Medicare or already enrolled and seeking updates, enrollment info, or coverage changes. Led by Medicare Advisor Joy Poupko of Senior Services of North America.

Medicaid Facilitated Enrollers

Tuesday, January 20 &
February 17 from 10 AM - 2PM

This is a free service where assistance is offered to individuals and their families with applying and re-applying for Medicaid programs offered by NY State.

Functional Heart Health:

Supporting Your Heart Beyond the Basics: Online

Tuesday, February 3 at 7 PM

Presented by Amanda Reichardt

Nature, Anxiety, and Healing

Thursday, February 19 at 2 PM

Adrienne Bernstein, founder of Holistic Living Resources, explores how lifestyle and our bond with nature shape overall well-being.

Books & Literature

Monday Mavens Book Club

Mondays at 7 PM

January 12 and February 9

For titles and information, contact mdamiano@locustvalleylibrary.org

Casual Books Book Club

Wednesdays at 10 AM

January 14- Wild and Crazy Guys

by Nick De Semlyen

February 11- Fearless and Free: A Memoir by Josephine Baker.

The Sleuth Series Book Club with Patricia

Monday, February 23 at 7PM

My Cousin Rachel by Daphne DuMaurier

Better Than Fiction Book Club with Allison

Tuesday, January 13 at 7PM

Maid: Hard Work, Low Pay, and a Mother's Will to Survive by Stephanie Land

Poetry Exchange

Family

Saturday, January 3 at 11 AM

Guest Poet: Paula Camacho

Love Poems

Saturday, February 7 at 11 AM

Guest Poet: Gayl Teller

Writing Series

Start Your Memoir Today

Memoir Writing with Dr. B

Wednesday, January 7 at 6 PM

Dreaming of publishing or preserving your stories for future generations? Join this workshop led by Belinda C. Basaca to help you begin writing.

Winter Hygge:

A Writing Workshop About Coziness

Saturday, January 17 at 1 PM

How do the Danes endure long, dark winters? Through Hygge, the art of coziness. Explore Hygge and use creative writing prompts to bring more warmth and comfort into our lives. Presented by Sasha Bailyn.



Babytime with Backyard Boogie

Fridays, January 2 and February 6,
10:30 AM. Birth- 24 months.

Stemtastic with Ms. Denise It's a Winter Wonderland

Thursday, January 8, 3:45- 4:45
PM. Ages 3-6.

Calm Cookie Yoga

Mondays, January 5, 12 and 15, 4
PM. Ages 3-6 years

Who Are the People in Your Neighborhood Storytime.

Tuesday, January 13, 4 PM.
Featuring Ms. Kathleen Wiemman,
local veterinarian. Ages 4-8 years.

Caregivers Connect

Fridays, January 9 and 30.
February 13 and 27, 10:30 AM.
Playtime and socializing with kids
and caretakers!

Adventures in Art

Thursday, January 15, 4PM
Create your own winter art based
on Wilson Bentley's artwork.
Grades K-5

P.J. Storytime

Wednesday, January 28 and
February 18 at 6:45 PM. Join Ms.
Leslie for stories and a craft.
Ages 3-7.

SciKidz: Tuesday, January 20,
7-8PM: It's all about robots. Code
robots with and without using screens.
Ages 8-12.

Winter Storytime Schedule

Babytime: Tuesdays, 10:30AM.
Birth-18 months.
Toddler Storytime: Wednesdays,
10:30AM. Ages 18-36 months
Preschool Storytime: Thursdays, 2 PM.
Ages 3-5. Register online. Sessions
begin Tuesday, January 20.

Chess Night:

Thursdays, January 22 and
February 26, 6-8 PM. Join other
children and our chess instructor
for games and competition. Grades
2-6

Valentine Storytime

Tuesday, February 10, 4-4:45 PM.
Stories and a craft all about love!
Ages 4-7 years.

**Don't miss our Valentine
Scavenger Hunt in the Children's
area. February 9-22, anytime we are
open!**

Lego Free Play: Make and Take

Tuesday, February, 17, 2-3 PM. Ages
4 and up.

**Movie Afternoon: Wednesday,
February 18, 2:30 PM**

Snacks and a show. Ages 4 and up.

Teen Programs

Volunteer Opportunities Earn Community Service Credit

Community Service Project
Wednesday, January 21, 7-8 PM
Join us while we create one of a
kind greeting cards for senior
citizens. Community service
credit awarded. Grades 6-12.

Volunteers Needed for Free Lego Play

Tuesday, February 17, 1:30-3:30
PM. Help set up, build, and clean
up.

Movie Snack Prep

Tuesday, February 17 at 6 PM
Help prepare snack bags for our
Wednesday movie event for
families! Grades 6-12.

Model Building: Complete a
model of one of three different
buildings about 1 square foot
each. CSC credit will depend
upon the project. Grades 9 and
up. Days and times TBD. For
more information, contact Ms.
Leslie at
larmstrong@locustvalleylibrary.
org

Teen Crafting with Ms. Monica
Tuesday, January 13 and
February 3 from 6-7 PM. Come
hang out in the teen loft for
crafts, snacks, and fun. We'll
meet once a month in the teen
loft. Register now to secure a
spot and a craft! Grades 6-12
welcome.

**Dubai Chocolate Strawberry
Cups: Wednesday, February
11, 6:30 PM.** Come and learn
how to make your own
pistachio paste and layer
your cups with fresh
strawberries, kataif, and
melted chocolate.
Grades 6-12.

Graphic Novel Book Club
Tuesdays once monthly,
6:45-7:45 PM. Get together
monthly for book talk, pizza,
and graphic novels. Contact
Monica for further
information at
mrusso@locustvalleylibrary
.org. Grades 6-9.

Friends of the Library

Happy New Year from the Friends of the Library!

Please consider becoming a member of the Friends, a wonderful way to support your library.

Membership envelopes are available at the library front desk. Contact us to learn more about the programs we support with your donations, including museum passes, concerts, special events, and beautification of the library.

Pat Bruderman, President

Explore the Past with Historic Map Works

Our newest digital resource, Historic Map Works, gives you access to thousands of beautifully digitized maps—from early property atlases and town surveys to rare world maps. It's an incredible way to trace local history, follow family roots, or see how communities have evolved over time. Best of all, you can do it from home!

All you need is your Locust Valley Library card. Start exploring history today!

Art & Expression

Create and Express

Wednesdays, January 14 and February 4 at 6 PM

Relax, create art, and talk about resilience with Cassandra Stoffers from CEC Health Care.

Be My Valentine: Sand & Shell Sculpture

Wednesday, February 4 at 6:30 PM

Join Anna Chan in creating your own sculpture using Anna's self-hardening sand: a clean, non-toxic, mess-free material that requires no glue, tape, or resin. It's easy to use, simple to clean up, and perfect for all skill levels.

A \$5 materials fee is required to participate. No refunds.

Adult Crafting Corner

January: A Jar full Of...

Fill a jar with goals or happy memories all year. Pick one when you need a boost or open them all next December! Make it your own—anything goes!

February: Recycled Bird Feeder

Spring starts next month! Get excited by making a bird feeder to welcome back the season! If you already have recycled materials (plastic bottle, milk or juice carton) you'd like to use, please feel free to do so!

Enrichment

Need Homework Help?

Get live tutoring, writing help, and study support with Brainfuse HelpNow. All grades welcome! Visit our website to learn more.

Check Out Our New App!

Manage checkouts, holds, events, museum passes, and more with the Nassau's Public Libraries app, available now in your app store!

Notebooks, Task Lists and Kanban Boards Workshop: Online

Tuesday, January 27 at 6:30 PM

Explore some of the digital tools available to help organize your life. This class will include an overview of online notebook products such as OneNote, Evernote and Joplin. This workshop is presented by Debbie Dittmer.

English for New Learners

Monday: High Beginners 6-8 PM

Wednesday: Beginners 6-8 PM

Tuesday: Intermediate 6-8 PM

Citizenship Classes

For more information email

Paola Diaz at

pdiaz@locustvalleylibrary.org

Locust Valley Library 170 Buckram Rd Locust Valley, NY 11560

516-671-1837 - Visit us at www.locustvalleylibrary.org

Library Hours: Mon- Thurs 9:30 AM - 8:30 PM

Fri & Sat 9:30 AM - 4:30 PM and Sun 1:30 - 4:30 PM

Holiday Closings:

January 1 New Year's Day

January 19 Martin Luther King Jr. Day

February 16 President's Day



The library is handicap accessible from the side and rear entrances.

Postal Customer

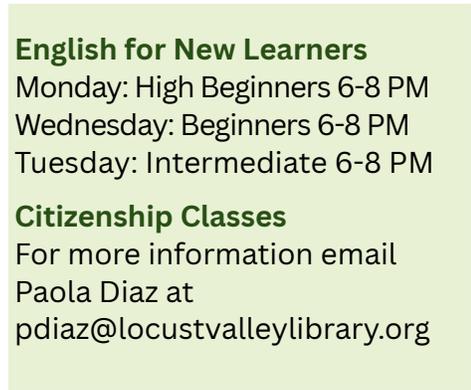
Non-Profit
Organization

U.S. Postage

PAID

Locust Valley, NY

Permit No. 35



BOARD OF TRUSTEES

Kerian Carlstrom, President

Ellen Hanes, Vice-President

Jennifer Marrone Bonislowski, Treasurer

Ann Miles, Secretary

Amy Tansill

Marco Lombardini

Brian Lang

Board Meetings at 7 PM

January 22

February 19

ADMINISTRATION

Nadine Buccilli, Director

Kristine Piana, Business Manager

Marina Ramsay, Administrative Assistant

