

# LOCUST VALLEY LIBRARY

SEPTEMBER OCTOBER 2025  
NEWSLETTER

REGISTRATION REQUIRED FOR ALL PROGRAMS UNLESS OTHERWISE NOTED



## Save the Date: *A Killer Night at the Library!*

Join us *after hours* on **Friday, November 14** for an unforgettable evening of mystery, intrigue, and fun at our first-ever **Murder Mystery Dinner & Fundraiser**.

Think *The Great Gatsby* meets *The Godfather* - cocktails, clues, and a killer good time. Be a guest, sponsor, or suspect! *Details on our website in October. Presented by the Development Committee.*



### Rock the Gazebo

Thursday, September 25 at 6 PM

*The How* is a six piece band which plays the blues, country, and rock & roll! The performance will be held at our back parking lot. Light refreshments will be served. Courtesy of the Friends of the Library.



### Aromatic Rice with Grilled Chicken and Sweet Potatoes

Wednesday, September 10 at 2:30 PM

This chicken and sweet potato rice bowl is a balanced, wholesome meal perfect for quick dinners, meal prep, or a healthy lunch. Prepared by Chef Robert Dell' Amore. A \$10 ingredients fee is required to participate.



### Laughter Yoga for Wellness

Monday, September 15 at 7 PM

Laughter Yoga is a fun blend of breathwork, movement, and laughter without the physical demands of traditional yoga. Led by Joanie Accolla.



### Birding on Long Island

Saturday, September 20  
from 9 - 10:30 AM

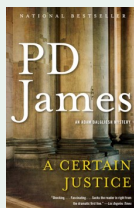
Join Andrew Leidig as we tour through Coffin Woods in search of our native feathered creatures. Rain date is September 21. Meet at the entrance to Coffin Woods, 90 Oyster Bay Road, Locust Valley.



### **NEW** The Sleuth Series Book Club

Monday, October 27 at 7 PM

Meetings are bi-monthly, every 4th Monday, hosted by Patricia. First book: *A Certain Justice* by P.D. James. Pick up your copy at the main desk.



### Poetry Exchange Group presents: Poems Inspired by Music

Saturday, September 6 at 11AM  
Guest Poet is Evelyn Kandel.

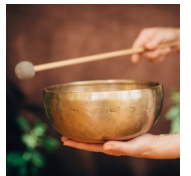
**Poetry and Healing**  
Saturday, October 4 at 11 AM  
Guest Poet is Jack Coulehan



### Sound Bath & DIY Rain Stick Workshop

Wednesday, October 8 at 6:30 PM

Join Andrea Gonnella of Notes and Nirvana for a calming sound bath and create a rain stick with natural materials. Bring a blanket and yoga mat.



### Navigating Dementia Together: A Guide for Families Facing Cognitive Impairment

Tuesday, October 21 at 3 PM

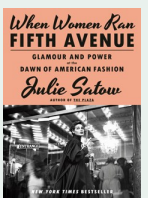
Caring for a loved one with Alzheimer's or dementia can be overwhelming. This session offers insights into causes, symptoms, communication, care, and navigating the healthcare system. Presented by The Parker Jewish Institute of New Hyde Park.



### Better Than Fiction Book Club with Allison

Tuesday, September 9 at 7 PM

*When Women Ran Fifth Avenue* by Julie Satow explores the powerful role women played in shaping the golden age of department stores. Pick up your copy at the main desk.



# Adult Programs

## EXERCISE CLASSES

### Katonah Yoga with Morgan Rose

**Mondays at 9:30 AM or Tuesdays at 5:30 PM**

10 sessions for \$40.

### Dancercise with Carol Rodriguez

**Saturdays at 9:30 AM**

10 sessions for \$50.

### Tai Chi Fitness with Marvin German

**Mondays at 5:30 PM**

10 sessions for \$50.

*Make checks payable to: Locust Valley Library*

## Valley Knitters and Crocheters Plus

**Fridays at 1 PM**

Bring a project or come for ideas and friendship.

## Casual Books Book Club

**Wednesdays at 10 AM**

September 10: *The Invisible Life of Addie LaRue*  
by V.E. Schwab

October 8: *Into the Wild* by Jon Krakauer

## English for New Learners/ESL Classes

### High Beginner/Beginner:

Mondays and Thursdays from 6 - 8 PM

**Intermediate:** Tuesdays from 6 - 8 PM

Email Paola Diaz at [pdiaz@locustvalleylibrary.org](mailto:pdiaz@locustvalleylibrary.org) for more information.

## Locust Valley Senior Club

**Tuesdays, September 9, 23, October 14 & 28  
10 AM - 1:30 PM in the MNA Community Room**

Locust Valley seniors age 55+ are welcome to join.

## Monday Mavens Book Club

**Mondays at 7 PM**

For more information contact Marissa at  
[mdamiano@locustvalleylibrary.org](mailto:mdamiano@locustvalleylibrary.org)



## Senior Housing Options on Long Island

**Wednesday, September 3 at 6 PM**

*and*

## Home Selling 101/Best Way to Sell Your Home

**Wednesday, October 22 at 6 PM**

Join Keller Williams Points North Realtor Eamon Rooney for questions and answers to all your real estate needs.

## Medicaid Help with Nassau-Suffolk Hospital Council

**Tuesday, September 16 from 10 AM - 2 PM**

## Mistakes to Avoid When Setting Up Your Estate Plan

**Wednesday, September 17 at 6 PM**

Avoid common mistakes people make when planning their estates. Presented by Robert J. Kurre, Attorney at Law.

## September Community Room Artist of the Month

Betty Jane W. Maker from Milton, PA



## MATINEE THURSDAYS at 1 PM

**September 11 - *Field of Dreams***

1 hour, 47 minutes - Rated PG

**September 25 - *The Ghost Writer***

2 hours 17 minutes - Rated R

**October 9 - *Absolute Power***

2 hours, 1 minute - Rated R

**October 23 - *Psycho***

1 hour, 49 minutes - Rated R

*Co-sponsored by the Friends of the Library,  
who also provide refreshments.*



## Vino and a Movie

**Wednesday, September 24 at 6 PM**

***Sideways*** - 2 hours, 4 minutes - Rated R

Participants must be 21 and older You'll be sipping a variety of wines while watching the 2004 buddy comedy film "Sideways."



## Book to Film:

**Read It, Watch It, Let's Talk About It!**

**Thursday, October 30 at 1 PM**

***Dracula*** - 2 hours, 8 minutes - Rated R

Copies of *Dracula* by Bram Stoker's will be available at the main desk.



## Meditative Workshop

**Saturday, September 27 at 11 AM**

Join Diane Kurtz Calabrese author of *Meditations for the Mind-Body-Spirit*, for a guided meditation workshop to reduce stress and stimulate well-being.



## Save the Wild Dogs: Zoom

**Thursday, October 2 at 7 PM**

Coyotes have reclaimed nearly all of Long Island. Are we seeing a return to the wild? Learn about this "miniature wolf" in a talk by the Long Island Coyote Study Group.



## Spotlight Author Talk - Caroline Coleman

**Tuesday, October 7 at 3 PM**

Caroline Coleman, author of *Loving Soren* and *If I Were a Tiger*, will share her writing journey and read from *Loving Soren*.

## Medicare Made Clear

**Wednesday, October 8 at 3 PM**

This seminar is for those enrolling in Medicare or seeking updates on annual enrollment, coverage changes, and options. Presented by Joy Poupko, Medicare Advisor with Senior Services of North America.

## Retirement Planning Workshop

**Wednesday, October 15 at 6 PM**

Discover how to build a strong retirement portfolio, explore investment options, and manage retirement income. Presented by PALUMBO Wealth Management of Great Neck.

## Children's Events (Register online unless otherwise indicated)

### September Tennis for Children

Tennis I: Ages 3-5: September 4 and 25 at 4 PM  
Tennis II: Grades K-2: September 18 at 4 PM

### Babytime with Reprise Music:

**Friday, September 5 and October 3  
at 10:30 AM**

Join the Reprise Music Dance Party with music from pop culture, instruments, and dance. Birth- 36 months.

### Book Discussion Groups:

#### Bookworms 3rd Grade Book Group:

Wednesdays at 6:45 PM once monthly.

#### Junior Books 4th and 5th Grade Book Group:

Thursdays at 6:45 PM once monthly.

Discover favorite new books while engaging in fun activities and trivia! Book pick up begins September 8.

### Fall Storytime: Begins September 24

Stories, music, puppets, and more! Tuesdays: Birth-18 months at 10:30 AM. Wednesdays: 18 months-36 months at 10:30 AM. Thursdays: 3 years and up at 2:00 PM.

### Drama with Your Mama:

**Monday September 15 & October 20 at 4 PM**

Build confidence and skill through acting, music, and dance. Ages 2-5.

### Memorial Mural Scavenger Hunt

**October 1- October 31**

Join us in the children's area for a scavenger hunt featuring the Sue Klein Memorial Mural created by muralist Lilith Jones. The search is on!

### P.J. Storytime:

**Wednesday, September 17 & October 15  
at 6:45 PM**

Join Ms. Allison for bedtime stories and an art project. Ages 3-7. Families welcome.

### Caregivers Connect:

**Friday, September 19 and October 17  
at 10:30 AM**

Childcare givers are welcome to join us with the little ones. Enjoy each other's company while the children play.

### Happy Halloween:

**Friday, October 31 from 11 AM - 5 PM**

Stop by the children's patio for a special library treat. Come in costume!



## Teen Events (Register online unless otherwise indicated)

### Volunteers Needed for the St. John's Fair

**Saturday, September 13**

Teens will provide an activity for the children at our booth. Community service credit awarded.

### Teen Reading Tutors Needed: Grades 6 -12

Assist children with reading skills weekly.

Wednesdays from 5-6 PM, November 5-February 11. Register on November 5. Community service credit awarded.

### The Great Give Back

Teens seeking community service credit are invited to our evening program on Wednesday, October 15 from 6:30 - 7:30 PM.

### Haunted Halloween Cakes: Grades 6 -12

**Monday, October 27 from 6:30 -7:30 PM**

Get in the spirit! Decorate a spooky Halloween cake with Chef Julie.



### Family Programming

#### Challah Bread:

**Thursday, October 9 from 6 -7:15 PM**

This fall festivity is a family program. All ages welcome. Children under age 11 must be accompanied by an adult.

#### Family Gingerbread House

**Registration begins November 3rd**

All ages welcome.

A material fee of \$30.00 per house is to be paid at the time of registration.



### Summer's End:

We thank all of our volunteers for another successful summer! From storytime, to acting, to overseeing the Children's Summer Reading Program, you were responsible, hard working, creative, and kind.



## Join us October 14 - 18 for our Community Great Give Back Project!

Drop in any time during library hours to decorate lunch bags for the NOSH soup kitchen in Glen Cove.

**Teens seeking community service credit are invited to our evening program on Wednesday, October 15 from 6:30 - 7:30 PM.**



### Check Out Our New App!

Manage checkouts, holds, events, museum passes, and more with the Nassau's Public Libraries app, available now in your app store!

### Universal Paranormal

**Wednesday, October 29 at 6:30 PM**

Join Universal Paranormal for eerie discoveries at Katie's of Smithtown home to spirits like Charlie Klein and a mysterious dark entity. Explore cutting-edge paranormal gear!

### Sound Bath Meditation

**Wednesday, September 24 at 11 AM**

Join Andonia Fthenakis of Akouie for a healing session with crystal bowls and vibrational instruments. Perfect for rest or a spiritual reset. Bring a mat, blanket, eye covering, and pillow.



### Friends of the Library

For the past 34 years, the Friends have served the library and our community by supporting the programs and services you have come to love and to expect from your library. Your membership and donations make it all possible, including new reading chairs for the main floor, a mural for the Children's Room, our Book Sale Under the Tent, Elizabeth's Gazebo, the Friends About Town Series, museum passes, the train station bookshelf, college scholarships, concerts, coffee cart, movie refreshments, and children's programming and supplies.

Please consider becoming a Friends member today.

For more information, please go to

[www.locustvalleylibrary.org/friends-of-the-library/](http://www.locustvalleylibrary.org/friends-of-the-library/)

## LOCUST VALLEY LIBRARY

170 BUCKRAM RD  
LOCUST VALLEY, NY 11560

### BOARD OF TRUSTEES

Kerian Carlstrom, President  
Ellen Hanes, Vice-President  
Jennifer Marrone Bonislawski, Treasurer  
Ann Miles, Secretary  
Amy Tansill  
Marco Lombardini  
Brian Lang

### BOARD MEETINGS @ 7:00 PM

September 18  
October 16

### ADMINISTRATION

Nadine Buccilli, Director  
Kristine Piana, Business Manager  
Marina Ramsay, Administrative Assistant

### Crafts for Adults

**September:** Yarn Ball Pom Pom Bookmark

**October:** Yarn Ghosts



Materials are set up in our non-fiction room to create and enjoy!

### Create and Express

**Wednesday, September 10 and October 1 at 6 PM**

An introduction to the idea of art as wellness. Presented by Cassandra Stoffers, Community Wellness Specialist at CEC Health Care.



### Harvesting Stillness

*A 3 part Mindfulness Series:*

Sessions instructed by Amy Elias, MS, Lifestyle Expert.

**Session 1: Grounded in Deep Rest:**

**The Power of Pause**

**Monday, September 29 at 7 PM**

Yoga Nidra (yogic sleep) will restore energy, ease overwhelm, and reconnect with the stillness that fuels productivity. Please bring a yoga mat.

**Session 2: Tap Into Calm: The Freedom of Letting Go**

**Monday, October 6 at 7 PM**

EFT (Tapping), is a gentle mind-body practice to release stuck emotions and reduce anxiety.

**Session 3: Evening Light Within:**

**The Beauty of Being Before Doing**

**Monday, October 20 at 7 PM**

You'll be guided through a calming color-based meditation to clear mental clutter, ease tension, and spark creative alignment.



### Blur Your Boundaries:

**For Loss, Love, and Connection**

**Saturday, September 13 at 11 AM**

This healing workshop blends gentle movement, somatic awareness, meditation, and reflection. Ideal for those grieving and those who support them.



**Library Hours:** Mon - Thurs 9:30 AM - 8:30 PM

Fri and Sat 9:30 AM - 4:30 PM and Sun 1:30 - 4:30 PM

**Holiday Closings -** September 1 - Labor Day  
October 13 - Columbus day

**Summer Hours - Will reopen on Sundays beginning September 7.**

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Locust Valley, NY  
Permit No. 35

## POSTAL CUSTOMER

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*The Library is accessible from the side and rear entrances.*