



# LOCUST VALLEY LIBRARY

## JANUARY FEBRUARY NEWSLETTER

**REGISTRATION REQUIRED FOR ALL PROGRAMS UNLESS OTHERWISE NOTED**

**Wishing everyone a very happy and healthy New Year!**

### NEW EXERCISE CLASSES

#### Beat to Your Own Drum - Movement Class

Thursdays

January 2, 9, 16, 23, and 30  
4:30 PM



Stimulate your mind, body, and soul and elevate your heart rate. A fun way to provide cognitive stimulation. 5 sessions for \$25.

Register in person at the main circ desk. Pay by cash or check made payable to Locust Valley Library.

#### Falun Dafa Meditation Class

Wednesdays

January 15, 29 and February 12, 26  
7 PM

Falun Dafa improves mental health and physical wellness. Participants can achieve physical health, mental balance, and inner peace. The class is free. No registration required.



### PAINTING, CRAFTS AND COOKING

#### Paint Night Valentine Design

Thursday, January 30 at 6 PM

**GET READY, GET SET, LET'S PAINT!**

Participants will receive step-by-step instructions and paint their very own Valentine design to take home, courtesy of ClayNation. Space is limited. Registration and a \$15 material fee is required. Please register and pay at the main circ desk.



#### Knife Skills for Health: Culinary Workshop

Tuesday, January 7 at 2 PM

Chef Dell'Amore teaches safe, efficient knife handling with unique techniques to boost speed and dexterity. Learn the value of prep for presentation, and how to save time, money, and your fingers!



#### Chinese Brushwork Painting Workshop

Saturday, February 15

1 PM

Join us for a rice paper painting session to create your own artwork to take home. Please wear old clothing, as it may get messy. Registration is required along with a \$5 material fee, payable at the time of registration. Sign up at the main circ desk. Presented by Kathleen Deyo.



#### Create a Snowflake Pendant

Saturday, February 22 at 1 PM



Create your very own snowflake pendant with easy step-by-step instructions. Taught by Galina Lampert. Snow date: March 1st.

#### Crafts for Adults:

#### Create a Moving Paper Snake

Beginning Saturday, February 1 - February 28

Celebrate the Chinese Lunar New Year with a decorative paper snake! Materials will be available starting February 1st in the Non-Fiction Room. No sign-up needed, just drop in and create!



# Adult Programs

## EXERCISE CLASSES

### Katonah Yoga with Morgan Rose

**Mondays at 9:30 AM or Tuesdays at 5:30 PM**

10 sessions for \$40.

### Dancercise with Carol Rodriguez

**Saturdays at 9:30 AM**

10 sessions for \$50.

### Tai Chi Fitness with Marvin German

**Mondays at 5:30 PM**

10 sessions for \$50.

Make checks payable to: Locust Valley Library

### Valley Knitters and Crocheters Plus

**Fridays at 1 PM**

Bring a project or come for ideas and company.

### English for New Learners/ESL Classes

#### Beginner/High Beginner:

Mondays and Thursdays from 6 - 8 PM

**Intermediate:** Tuesdays from 6 - 8 PM

Email Paola Diaz at [pdiaz@locustvalleylibrary.org](mailto:pdiaz@locustvalleylibrary.org) for more information.

### Casual Books Group

**Wednesday, January 8 and February 12 at 10 AM**

Email Janet at [jrobertson@locustvalleylibrary.org](mailto:jrobertson@locustvalleylibrary.org) for more information.

### Locust Valley Senior Club

**Tuesdays, January 14, 28 and February 11, 25  
10 AM - 1 PM in the MNA Community Room**

All Seniors 55 years and above are welcome to join. Seniors in the towns surrounding Locust Valley are also welcome.

### Poetry Exchange Group

**Saturday, January 4 at 11 AM**

#### Guest Poet: *Boneyarn* by David Mills

**Saturday, February 1 at 11 AM**

David Mills will be reading from his book *Boneyarn* and excerpts from *Jupiter Hammon*.

### Antiques Appraiser Event with Marion Rizzo

**Saturday, January 18 at 1 PM**

Join us for an antiques appraisal with Marion Rizzo of Syl-Lee Antiques. Marion will appraise 1-2 items per person (small items, jewelry, and silver only; no books) as time allows. First come, first served. Registration required.



## Matinee Thursdays at 1 PM

### January 9 - *Twisters*

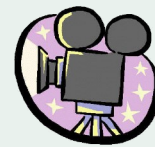
2 hours, 2 minutes - Rated PG-13

### January 23 - *Trap*

1 hour, 44 minutes - Rated PG-13

### February 13 - *1992*

1 hour, 37 minutes - Rated R



### Read It! Watch It! Let's Talk About It! Thursday, February 27 - *White Bird*

2 hours 1 minute - Rated PG-13

Copies of *White Bird* by R.J. Palacio will be made available at the main circ desk starting February 10th.



*Co-sponsored by the Friends of the Library,  
who also provide refreshments.*

### Financial 101 Workshop

**Tuesday, January 21 at 7:00 PM**

Learn the importance of eliminating debt and having an emergency savings. Presented by Christina Speranza Hunnicutt, financial professional with New York Life Insurance Company.

### Genealogy Collective: Online Tracking Down Your Eastern European Ancestors Tuesday, February 11 at 7 PM

Hosted by Locust Valley Library.

### Paint and Chat Therapy

**Wednesdays, January 8 and February 12 at 3 PM**

Relax with art while talking about resilience during challenging times. An introduction to the idea of art therapy, not performed as a therapy session. Presented by Cassandra Stoffer, Community Wellness Specialist at CEC Health Care.



### Discover the World of AI: Harnessing Large Language Models for Efficiency Thursday, February 13 at 7:30 PM

Please join Chrissy Bencivenga for a continuation of the AI for Beginners series, starting with a brief revision of AI basics. Dive into effective prompting methods, training techniques, and how to communicate with large language models to boost productivity.



## Children's Events (Register online unless otherwise indicated)

**Babytime with A Time for Kids: Birth - 18 months**  
**Fridays, January 3 and February 7 at 10:30 AM**  
Music, movement, and fingerplays!

**Lego Architects: Construction and Learning**  
**Friday, January 5 from 4-5 PM**  
Build engineer-designed projects with an instructor.  
Ages 5-8.

**Mini Masters:**  
**Mondays, January 6 and February 3 at 3:45 PM**  
Explore famous art and create your own. Ages 3-5  
years accompanied by an adult.

**Children's Yoga with Ms. Kristen:**  
**Tuesday, January 7 from 4-5 PM**  
Join Ms. Kristen on a yoga adventure including  
yoga games and more! Register online. Ages 4-8.

**Storytime: January 21 - March 25 at 10:30 AM.**  
**Tuesdays: 2.5-4 years, Wednesdays: 18-30 months,**  
**and Thursdays: birth-18 months.** Stories, music,  
puppets, and lots of fun!

**Caregivers Connect:**  
**Fridays, January 6, 24 and February 10, 28 at 10:30**  
Childcare givers join us with the little ones! Interact  
with other adults while the children play together.

**Who are the People in Your Neighborhood?**  
**Tuesday, January 14 at 4 PM**  
Join us for a storytime and a craft with our visiting  
educators from Portledge School. Ages 4-8.

**Pajama Storytime with Ms. Allison:**  
**Wednesdays, January 15 & February 12 at 6:30 PM**  
Stories, songs, and a special winter craft. Ages 4-8.

**A Little Chocolate, a Little Teddy Bear Dance**  
**Tuesday, February 11 from 4 - 5 PM**  
We will make a chocolate hat, a teddy bear, and then  
learn a tap dance. What a fun way to celebrate Valen-  
tine's Day. Ages 4-8.

**Children's Movie: February 18 at 2:30 PM**  
Join us for a movie and snacks in our Community  
Room. Recommended ages 4-10. Children under age  
10 must be accompanied by an adult.

**Free Lego Play Make and Take:**  
**Thursday, February 20, 2:30-3:30 PM**  
Take what you make! Ages 4 and up.

**Art with The SnackBag Dad: Grades 2 - 5**  
**Thursday February 27 from 4-5 PM**  
Learn how to draw and create your own works of art  
with this step-by-step drawing method. Create a snack  
bag that showcases one of many animated favorites.

## Teen Events (Register online unless otherwise indicated)

**Amadeus Aromatherapy: Grades 9-12**  
**Friday, January 10 from 6:30 - 7:30 PM**  
Chase away the winter blues with aromatherapy and  
essential oils. Create your own lotion and nourishing lip  
balm. This class is part demonstration, part hands-on.  
Participants leave with products, recipes, and resources.

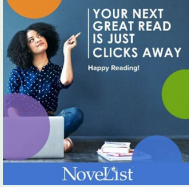
**Creating a Life Plan for Teens:**  
**Wednesday, January 29 from 7 - 8:15 PM**  
**What Does It Mean and Why Should I Have One?**  
Discover how creating a Life Plan is essential to achieving  
one's goals in life, as well as the importance of planning,  
organization, and goal-setting for short-term and long-  
term success.  
Learn the importance of planning in the areas of academic  
achievement, health and wellness, social relationships,  
athletics, and community service.  
Middle school students (with parent) and high school stu-  
dents are welcome.

**Middle School Book Club: Grades 6 - 8**  
**Thursdays, once monthly at 7 PM**  
Engaging book discussions, activities, and pizza.  
Contact Ms. Lauren for details.

**Pressed Flower Art Workshop: Grades 6 -12**  
**Friday, February 7 at 6 PM**  
Make a cool woodland fox. Learn a mixed-media  
technique using watercolor paint, collage  
papers, and dried pressed flowers. No experience  
necessary.



Looking for Community Service credit for  
volunteering? Contact Ms. Leslie at  
[armstrong@locustvalleylibrary.org](mailto:armstrong@locustvalleylibrary.org)



## NoveList

It's happened to all of us: you finish a book and immediately wonder if there are more like it. Maybe you enjoyed the humor, the worldbuilding, or the way it sent chills down your spine, and you're hungry for more. Luckily, the library subscribes to NoveList.

In NoveList, you enter terms describing what you're looking for (small town, upbeat, vampire), and NoveList gives you a list of suggestions. You can limit your search by age group, genre, mood, and others, and find out if the book is available at the library or needs to be requested. You can also enter a title or author and see a list of read-alikes, look for award winners or book club favorites, and much more! You can access NoveList through the library's website: click Research, then Databases, then scroll down until you see NoveList.



## Starting January 15th!

This Valentine's Day give the perfect gift to a book lover: **a personalized bookplate!**

With a donation of \$35 or more, we'll print your loved one's name and an optional custom message inside a circulating book at Locust Valley Library.

Your thoughtful gesture supports our library and spreads the joy of reading. After your gift, you'll receive a card to share with your recipient.

### Note:

*We're unable to accommodate requests for specific titles.*



Make this Valentine's Day extra special  
Gift a bookplate today!

Call for more information or  
visit our website for details.

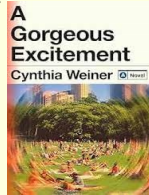
## SPOTLIGHT AUTHOR

### Cynthia Weiner *A GORGEOUS EXCITEMENT* Wednesday, January 22 at 2 PM



Set against her 1980s Manhattan upbringing and the 1986 Preppy Murders, *A Gorgeous Excitement* follows a young girl caught in NYC's world of drugs, boys, and beauty. As

she approaches college, she discovers the dark truth behind a charming boy. Registration required. Copies available for purchase and signing.



## FRIENDS OF THE LIBRARY

Happy New Year from the Friends of the Library. Please consider becoming a member of the Friends, a wonderful way to support your Library. Membership envelopes available at the front desk of the Library. Sign up online at: <http://www.friends.locustvalleylibrary.org/>

In February, the Friends will once again express our appreciation for our amazing Library staff with the annual Valentine Luncheon. Stay tuned for details of our upcoming Book Sale Under the Tent in April.

Carol Harrington, President



## LOCUST VALLEY LIBRARY

170 BUCKRAM RD  
LOCUST VALLEY, NY 11560

Library Hours: Mon - Thurs 9:30 AM - 8:30 PM  
Fri and Sat 9:30 AM - 4:30 PM and Sun 1:30 - 4:30 PM

### BOARD OF TRUSTEES

Kerian Carlstrom, President  
Ellen Hanes, Vice-President  
Jennifer Marrone Bonislowski, Treasurer  
Ann Miles, Secretary  
Amy Tansill  
Marco Lombardini  
Brian Lang

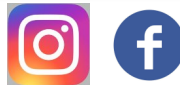
### BOARD MEETINGS @ 7:00 PM

January 16  
February 20

### ADMINISTRATION

Nadine Buccilli, Director  
Kristine Piana, Business Manager  
Marina Ramsay, Editor

### Follow us



## POSTAL CUSTOMER

Holiday Closings - January 1 - New Year's Day  
January 20 - Martin Luther King Jr. Day  
February 17 - President's Day

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Organization  
U.S. Postage  
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Locust Valley, NY  
Permit No. 35



*The Library is accessible from the side and rear entrances.*

